

Active Lifestyles

Subject Type Individual Study Pathway (ISP)

PACE Credits 10 credits

Area Of Study Personal Development

Year Level 8

Subject Length 1 Semester

Description The focus of Active Lifestyles is to educate students on how to make the most of each day to enhance health in multiple areas including mental, emotional, social and physical. Students will work towards personalised lifestyle goal/s throughout the semester.

Depending on interests and skill level of students activities and tasks might include:

- Martial arts
- Designing your own exercise circuit
- Sports drink alternatives
- Boxing
- Gentle exercises (e.g. Yoga)
- Modified sports
- Participating and designing a boot camp
- Health myth busters

Assessment Assessed against Australian Curriculum Standards

- Practical 50%
- Folio tasks 25%
- Group task 25%

Recommendation

- Highly desirable that students are willing to engage in forms of physical activity outside of traditional sports.
- Students must be open-minded to all aspects of an active lifestyle and understand that the subject is more than just playing sport.
- Students must be prepared to use their own time to be involved in active lifestyle activities.

Pre-Requisite NIL

Cost TBA

Notes Students will be able to apply newly learnt capabilities to their own lives and receive the benefits of a healthy, balanced and active lifestyle. The subject content will be related to students' lives in the community and students will further grow their understanding of holistic health and personal application of well-being elements.

All Personal Development year 8 courses will include the Shine SA Sexual Health and Relationships course and will cover aspects of an active and healthy lifestyle.

Contemporary Music

Subject Type	Individual Study Pathway (ISP)
PACE Credits	20 credits
Area Of Study	Creative Thinking - The Arts (Music)
Year Level	8



Subject Length 2 Semesters

Description Contemporary Music is an opportunity for students to learn how to play a musical instrument within a band and ensemble setting. This class mainly functions as a professional rehearsal where students are guided through the process of learning songs to performance standard.

By working in bands or groups students are learning teamwork and negotiation skills when selecting appropriate performance repertoire, instant problem-solving when learning songs, integration and collaboration when putting all the parts together, confidence when presenting to an audience and the developing the art of presenting a dynamic and fluent musical production.

Topics

- Performance – Students participate in a class ensemble on their chosen instrument
- Music Industry – Students develop research skills through project-based learning activities
- Interactive Theory – Students learn to read and write music and apply their knowledge in a practical setting using keyboards
- Music Technology – Students use professional audio equipment and computing software to create electronic music and manipulate sound

Assessment **Skills Presentation 50%**

- Performance and Ensemble Skills

Interactive Theory 25%

- Theory and Aural Tests
- Applied Theory Tasks

Folio 25%

- Music Technology Tasks
- Music Industry Projects

Recommendation NIL.

Pre-Requisite All students in this course are required to be studying voice or an instrument through the instrumental music program.

Cost Should any instrument(s) need to be hired, the cost is \$20 per term, per instrument. **(ONLY IF REQUIRED)**

Notes NIL

Digital Fabrication (3D Printing)

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 Credits
Area Of Study	Creative Thinking - Technology
Year Level	8

Subject Length 1 Semester

Description Students will design and conduct investigations, developing an in depth understanding of concepts such as aerodynamics, drag, load and material properties using modern technologies. They will develop Isometric drawings using Computer Aided Design (CAD) in Auto Desk Inventor. Students will make and print 3D models using 3D Printers and traditional materials. They will also demonstrate and communicate their knowledge and understanding through practical and theoretical tasks, participation, minor and major projects including a portfolio.

Assessment Assessment will be divided into four components

- Minor product 20%
- Major product 40%
- Evaluation 10%
- Portfolio 30%

Recommendation NIL

Pre-Requisite NIL

Cost NIL

Notes The course aims to prepare students for Stage 1 Material Products, Stage 1 CAD, VET pathways and a range of career options in the Manufacturing Industry.

Digital Worlds (Coding)

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 Credits
Area Of Study	Creative Thinking - Technology
Year Level	8

Subject Length 1 Semester

Description Digital Worlds will explore contemporary and emerging technologies that are shaping the world in which we live. Students will explore coding languages and program various forms of entertainment media (games, websites, apps). Students will create digital animations, virtual environments and investigate exciting software and hardware applications.

Assessment Assessment will be divided into four components

- Minor Project 20%
- Portfolio 30%
- Major Project 40%
- Evaluation 10%

Recommendation NIL

Pre-Requisite NIL

Cost NIL

Notes This subject is a learning pathway for Stage 1 Digital Media and Entertainment Technology as well as Vet Pathways and various careers in Information Technology and Media.

Food and Nutrition

Subject Type Individual Study Pathway (ISP)

PACE Credits 10 credits

Area Of Study Personal Development

Year Level 8

Subject Length 1 Semester

Description By participating in a variety of activities, students will concentrate on developing their ability to execute basic cooking skills and knowledge of food safety and healthy eating. Students will be required to reflect on their learning by applying various forms of feedback and evaluation.

Students will also have the opportunity to investigate how physical activity contributes to overall health and wellbeing. The topics covered throughout the semester will vary depending on the skills and interests of the students, but may include:

- Practical cooking skills.
- Effect of diet on mental health.
- Food safety and hygiene.
- Sports nutrition
- Catering skills

Assessment Assessed against Australian Curriculum Standards

- Practical 50%
- Folio tasks 25%
- Group task 25%

Recommendation • Ideal for students looking for a pathway focused on Cooking and Nutrition.
 • Students must be willing to complete both theory and practical assessments to be successful.
 It is hoped that students will approach this subject with motivation and a desire to improve, through a comprehensive commitment to participation in the chosen cooking activity or theory work.

Pre-Requisite NIL

Cost TBA

Notes All Personal Development year 8 courses will include the Shine SA Sexual Health and Relationships course and will cover aspects of an active and healthy lifestyle.

Geocaching and Travel (Geography)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description Cache them all! Students undertake an immersive program of geospatial activities using GIS software. Practical applications of these concepts and skills include WorldMapper, Google Mapping, Geotagging (Social Media), Geocaching (Pokemon Go), and Orienteering. It is envisioned that frequent field trips will provide hands-on practical experience using these technologies. Using these skills and knowledge plan a 10 day round the world trip, organising flights, itinerary and currency exchange.

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Fieldwork, social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and are willing to undertake practical or hands-on activities outside and inside the classroom
Not suitable for students who do not like practical tasks or who are not willing to participate in excursions or outdoor activities.

Pre-Requisite NIL

Cost Excursions may incur a small fee

Notes NIL



Hands on Art

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 credits
Area Of Study	Creative Thinking - The Arts
Year Level	8



Subject Length	1 Semester
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Description This one-semester course introduces students to the Elements of Art and Principles of Design while developing artistic skills across a variety of techniques and styles. Hands on experiences in the classroom will give students opportunities to experience a variety of media such as pencil, pen, ink, charcoal, pastel, watercolour, acrylic paint, ceramics and mixed media, while developing student's individual style and creative problem solving skills. Students will develop their ability to evaluate their own artwork and the work of others.

Assessment Students will be assessed according to the Achievement Standards of the Australian curriculum, with topics negotiated within the class

Tasks will include:

- Practical Artwork
- Folio/Back up work
- Artist evaluations

Recommendation This course is aimed at students who are interested in practical art making and is recommended for beginners wanting to start developing their artistic skills. This subject is encouraged to lead to Year 9 Urban Art in the learning pathway.

Pre-Requisite NIL

Cost NIL

Notes Students wishing to study Visual Arts at Stage 1 and/or Stage 2 should be encouraged to select Year 8 Visual Arts instead.

Humanity without Borders (Interdisciplinary)

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10
Area Of Study	Global Studies
Year Level	8
Subject Length	1 Semester
Description	Small teams of students become geographers or ethnographers, taking responsibility for a specific aspect of a humanitarian project. E.g: building a bridge in remote mountainous terrain, constructing a well in an arid landscape, developing infrastructure and social services available in a slum, organising a program of microloans to buy GM seeds, coordinating the short and long-term response to an epidemic or natural disaster in an underdeveloped country.
Assessment	<p>Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:</p> <ul style="list-style-type: none">• Exhibition• Product or model• Artwork, multimedia or film• Social action or marketing campaign• Presentation, pitch, debate, role-play or performance
Recommendation	<p>Band 4/5 who enjoy communicating with others and work well as a member of a team. Band 1/2/3 who want to build their confidence in communicating and working with others. <u>Not</u> suitable for students who struggle to remain interested in long-term projects or who are not team-players.</p>
Pre-Requisite	NIL
Cost	NIL
Notes	NIL



Legendary Landscapes (Geography)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description Students explore the significance of landscapes to people and the values and meanings attached to these places locally or overseas. The specific focus is negotiated with students depending on interest. Students could explore how places such as Uluru, Bondi and Beijing and are perceived and valued differently by different people. How can these landmarks be managed sustainably with environmental and cultural sensitivity?

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Fieldwork, social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and how they like to demonstrate and present their work.
Not suitable for students who are indecisive or unsure about what kind of learning they would like to engage in.

Pre-Requisite NIL

Cost Excursions may incur a small fee

Notes NIL



Metal Fabrication

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 Credits
Area Of Study	Creative Thinking - Technology
Year Level	8

Subject Length 1 Semester

Description Students will develop an understanding of fabrication techniques. Students will work through a design process using set criteria to create a design solution. The class will develop knowledge to safely apply a range of trade based skills in metal fabrication including the use of hand and power tools, MIG/Oxy Acetylene welding, machining and other relevant trade skills.

Assessment	Assessment will be divided into four components
	<ul style="list-style-type: none"> • Product 1 30% • Product 2 30% • Product 3 30% • Evaluation 10%

Recommendation	NIL
Pre-Requisite	NIL
Cost	NIL

Notes The course aims to prepare them for Stage 1 Material Products, the schools VET pathway option Certificate 2 in Engineering and a range of career options in the engineering and fabricating field.

Mindfulness Art

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 credits
Area Of Study	Creative Thinking - The Arts
Year Level	8



Subject Length	1 Semester
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Description Some people say that they never feel more present than during the act of creating! Many visual art activities require unique focus, and cause the "artist" to set aside all other thoughts and worries. The act of creating can be very relaxing and calming.

Throughout the course students will be encouraged to experiment with a variety of mediums and discover the world of art across a variety of cultures. Students will also be able to develop an individual focus area and work towards a final product based on the skills they choose to develop.

Assessment Students will be assessed according to the Achievement Standard of the Australian Curriculum, across a variety of projects and activities, decided upon through a process of negotiation.

Tasks may include:

- Drawing
- Painting
- Folio work
- Group projects

Recommendation This subject is designed for students with an interest in the arts or who may enjoy working with their hands.

Pre-Requisite NIL

Cost NIL

Notes NIL

Myths and Legends (History)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description Folklore has shaped our world. Some are incredibly popular stories you think you know, but with surprising origins. Others are stories that might be new to you, but are definitely worth a listen. These are stories of magic, kings, Vikings, dragons, knights, princesses, and wizards from a time when the world beyond the map was a dangerous, wonderful, and terrifying place.

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and how they like to demonstrate and present their work.
Not suitable for students who are indecisive or unsure about what kind of learning they would like to engage in.

Pre-Requisite NIL

Cost NIL

Notes NIL



Digital and Photographic Arts

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 credits
Area Of Study	Creative Thinking - The Arts
Year Level	8



Subject Length	1 Semester
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Description	Students will participate in a wide variety of computer aided design and art. Students will learn the basics of Adobe Photoshop, photography, traditional forms of art and learn how they can be combined in different ways. This involves such units as Digital Painting and Photo Manipulation. Students will reflect and evaluate their own artwork as well as that of known Digital Artists to better understand the mediums and software used.
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Assessment	Assessment Students will be assessed according to the Achievement Standard of the Australian curriculum, across a variety of artistic approaches.
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Tasks may include:

- Photography/Cinematography
- Photo manipulation software
- Painting and drawing software
- Combining traditional artistic processes with digital technology
- Use of digital drawing tablets
- Use of artistic apps

Recommendation	NIL
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Pre-Requisite	NIL
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Cost	NIL
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Notes	This course is intended to lead into Year 9 Digital and Photographic Art and is a learning pathway for those wishing to study SACE Stage 1 and Stage 2 Digital Arts.
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Rats, Revolts and Reason (History)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description Learn how dirty old rats made illiterate peasants become empowered and rational middle class citizens. Whilst epidemics bring untold suffering, grief and turmoil, they also bring about rapid scientific and technological innovation and profound shifts in beliefs and values. Bird Flu, Ebola, Zika Virus, Superbugs – which of these will devastate and transform our world in the future?

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and how they like to demonstrate and present their work.
Not suitable for students who are indecisive or unsure about what kind of learning they would like to engage in.

Pre-Requisite NIL

Cost NIL

Notes NIL



Sharemarket Game (Business)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description Become a wolf of wall street! Manage your own investment portfolio by buying and selling shares of different companies. You will practice financial management skills in both class-based and online simulations. Will you make a killing or become a victim of the crash?

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and how they like to demonstrate and present their work.
Not suitable for students who are indecisive or unsure about what kind of learning they would like to engage in.

Pre-Requisite NIL

Cost NIL

Notes NIL



Sim City (Civics, Geography, Business)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description Students will take the role of a city planner, tasked with designing infrastructure and social structures that create a healthy and cohesive community. Students will grapple with the competing constraints of economic, environmental, engineering and social priorities to govern their people well. Can you keep your people happy and healthy, or will your city disintegrate into anarchy?

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and how they like to demonstrate and present their work.
Not suitable for students who are indecisive or unsure about what kind of learning they would like to engage in.

Pre-Requisite NIL

Cost NIL

Notes NIL



Sporting Pathways

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 credits
Area Of Study	Personal Development
Year Level	8
Subject Length	1 Semester
Description	<p>By participating in a variety of sports, students will concentrate on developing their ability to execute basic fundamental movement skills in a variety of movement contexts. Students will be required to reflect on their learning by applying various forms of feedback and analysis.</p> <p>The topics and sports covered during the semester will change depending on the interests and abilities of the students in the class, however each topic/sport will develop and assess skill execution, initiation of tactics, collaboration and teamwork, and understanding of rules and officiating.</p> <p>Students will also have the opportunity to investigate the nutritional aspects of sport to determine what role their diet plays in promoting peak performance as well as a healthy lifestyle.</p>
Assessment	<p>Students will be assessed according to the Achievement Standard of the Australian curriculum, across a variety of sports and physical pursuits, decided upon through a process of negotiation.</p> <ul style="list-style-type: none"> • Practical 50% • Folio tasks 25% • Group task 25%
Recommendation	It is hoped that students will approach this subject with motivation and a desire to physically improve, through a comprehensive commitment to participation in the chosen sports or activities.
Pre-Requisite	NIL
Cost	TBA
Notes	All Personal Development year 8 courses will include the Shine SA Sexual Health and Relationships course and will cover aspects of an active and healthy lifestyle.

Super Man

Subject Type Individual Study Pathway (ISP)

PACE Credits 10 credits

Area Of Study Personal Development

Year Level 8

Subject Length 1 Semester

Description The focus of the Super Man course is to educate students on the health and wellbeing issues relating to males in a safe and supportive environment. Students will learn about male mental, emotional, social and physical health through exploring the benefits of both physical activity and nutrition.

Depending on the interests of the students the topics covered could include:

- Sexual Health, Relationships and Risk Taking
- Lifestyle Choices
- Mental Health
- Risk Taking
- Male Nutrition
- Male Fitness

Assessment Assessed against Australian Curriculum Standards

- Practical 25%
- Folio tasks 50%
- Group task 25%

Recommendation

- Recommended for students who have an interest in personal health and a career in the health industry
- Students should be aware that there will be some practical requirements of physical activity and cooking.
- No previous knowledge is required.

Pre-Requisite NIL

Cost TBA

Notes Although this course is focused on male health it is open to all students who are interested in men's health. Students may want to learn about their own health or about the health issues affecting friends or family members and is therefore suitable for both male and female students.
All Personal Development year 8 courses will include the Shine SA Sexual Health and Relationships course and will cover aspects of an active and healthy lifestyle.

Visual Arts

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 credits
Area Of Study	Creative Thinking - The Arts
Year Level	8



Subject Length	1 Semester
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Description	Throughout the semester students will explore and experiment with a range of materials and mediums to expand their knowledge across the visual arts industry.
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Students will be encouraged to improve and develop their artistic skill in areas such as drawing, painting, printmaking, sculpture and mixed media construction. Students will also be encouraged to conduct a study into an artist or an art style.

Assessment	Students will be assessed according to the Achievement Standards of the Australian curriculum, with topics negotiated within the class
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Tasks will include:

- Practical Artwork
- Folio/Back up work
- Artist statements and evaluations
- Directed research

Recommendation	This course is aimed at students who are serious about Visual Arts and wish to improve their drawing and painting skills. This subject is leads to Year 9 Visual Arts in the learning pathway.
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Pre-Requisite	NIL
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Cost	NIL
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Notes	This course is intended as a learning pathway for those wishing to study SACE Stage 1 and Stage 2 Visual Arts, Arts and the Community or Visual Arts: Design
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Warriors and Warfare (History)

Subject Type Individual Study Pathway (ISP)

PACE Credits 10

Area Of Study Global Studies

Year Level 8

Subject Length 1 Semester

Description One man's terrorist is another man's freedom fighter. An in-depth look at the place and purpose of warriors in medieval and modern cultures. Students will compare and the values, ethics, tactics and technologies of the Viking Berserkers, European Knights and Japanese Samurai within their differing feudal systems. Students explore how the values of Bushido and chivalry have evolved to become international rules of engagement in a very different technological and political climates.

Assessment Students will be assessed according to the Achievement Standard relevant to the subject discipline and year level. Assessments will be tailored to the purpose of the course and the learning needs of the class. Assessment types may include:

- Exhibition
- Product or model
- Artwork, multimedia or film
- Social action or marketing campaign
- Presentation, pitch, debate, role-play or performance

Recommendation Bands 1-5 who will take ownership of their learning and how they like to demonstrate and present their work.
Not suitable for students who are indecisive or unsure about what kind of learning they would like to engage in.

Pre-Requisite NIL

Cost NIL

Notes NIL



Wonder Women

Subject Type Individual Study Pathway (ISP)

PACE Credits 10 credits

Area Of Study Personal Development

Year Level 8

Subject Length 1 Semester

Description The focus of the Wonder Woman course is to educate students on the health and wellbeing issues relating to females in a safe and supportive environment. Students will learn about female mental, emotional, social and physical health through exploring the benefits of both physical activity and nutrition.

Depending on the interests of the students the topics covered could include:

- Sexual Health, Relationships and Risk Taking
- Lifestyle Choices
- Mental Health
- Risk Taking
- Female Nutrition
- Female Fitness

Assessment Assessed against Australian Curriculum Standards

- Practical 25%
- Folio tasks 50%
- Group task 25%

Recommendation

- Recommended for students who have an interest in personal health and a career in the health industry
- Students should be aware that there will be some practical requirements of physical activity and cooking.
- No previous knowledge is required.

Pre-Requisite NIL

Cost TBA

Notes Although this course is focused on female health it is open to all students who are interested in women's health. Students may want to learn about their own health or about the health issues affecting friends or family members and is therefore suitable for both male and female students.
All Personal Development year 8 courses will include the Shine SA Sexual Health and Relationships course and will cover aspects of an active and healthy lifestyle.

Wood Construction

Subject Type	Individual Study Pathway (ISP)
PACE Credits	10 Credits
Area Of Study	Creative Thinking - Technology
Year Level	8

Subject Length 1 Semester

Description Students will develop an in-depth understanding of wood construction techniques while incorporating modern technologies. Students will also develop an understanding of Autodesk Inventor by completing tutorials and a final working drawing of their product.

Assessment Assessment will be divided into four components

- Minor Product 20%
- Portfolio 30%
- Major Product 40%
- Evaluation 10%

Recommendation NIL

Pre-Requisite NIL

Cost NIL

Notes This course aims to prepare students for Stage 1 Wood/Metal (Material Products), Stage 1 3D Printing and Laser Cutting, VET. pathways and a range of career options in the Manufacturing Industry.